Solution Oriented Child's Planning Meeting

Strengths / Protective Factors *Areas of strength / resilience* Use well-being indicators to discuss strengths and protective factors (immediate and emerging).	• What's going well at the moment? • What do you want to keep? • Areas of resilience • Description of strengths from everyone at meeting • Explore likes / interests • Ensure opportunities for all to contribute (including the young person)
Concerns/Risk Factors *Listen to the risk factors* Use well-being indicators to discuss concerns/risk factors.	• What's not going ok at the moment? • Note concerns from each person • Allow opportunity for all to read concerns • Look for themes then collapse and agree main concerns • Prioritise concerns. This can be done by each member of the meeting voting for 3 (or 5) of the issues, and the three with the most votes are seen as the priorities. • Ensure parents and child are included in decisions / discussion
Strategies *List current successful strategies*	• What is currently working well? How could we do more of this? • What doesn't need changing? • What currently works? • What should be kept going? • What can be expanded on? • What in the past has worked or made a difference?e	**Exceptions** • Tell me about a time when the problem doesn't happen. • When was the last time things were even a little better? What was different then? • Are there times when the problem isn't so bad?
Goals *What do we want to happen?* Use well-being indicators to identify what outcomes are being sought.	• Where do we want things to be and how are we going to get there? • 'If things were a little better over the next week, what would X be doing differently?' • Which exceptions can be developed / expanded? • Which strategies can grow, be altered or re-tried? • Who can help? • What can be kept? • Positively worded / observable / noticed by? / collapse goals / prioritise	
Action Plan *Who is doing what /when?* Use well-being indicators to construct child/young person's action plan.	• What are the main actions? • Who will do what? • When will it be done? • When will we report? • Continue with current strategies that are working and create new strategies to achieve goals	